

A Preliminary Study of Medicinal Plants from Suru Valley in Ladakh

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The result of an extensive medicobotanical exploration conducted in the Suru valley of Leh-Ladakh are summarized in the present paper. Based on the exploration carried out by author only 76 taxa of vascular plants of medicinal importance under 55 genera and 31 families are enumerated with vernacular names, Sanskrit name, short description of plant, locality, time of drug collection with uses in traditional system of medicine. Ephedra gerardiana, Physochlaina procalta, Picrorhiza Kurroa, Artemisia mattima, Podophyllum hexandrum, Carum carvi, Aconitum heterophyllum, Hyoscyamus niger are important medicinal plants of this valley. Most of dealt medicinal plants are not included in the familiar literature of medicinal plants and are used in Tibetan system of medicine since long time.

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